



NEW RIVER GORGE

The Anti-Regret Cheat Sheet | CampBrood Resource-Guide

"Why did the hiker bring a pencil to the New River Gorge? To draw his own 'conclusions' at the Endless Wall!"

THE ADVENTURE REPORT



Endless Wall Trail

Voted the best hike in the NPS. Moderately easy loop through rhododendron tunnels with massive cliff vistas.

[FULL GUIDE →](#)



Long Point Trail

The most iconic view of the Bridge. A 3.2-mile out-and-back that is relatively flat and family-friendly.

[FULL GUIDE →](#)



Lower New River Rafting

Thrill-seekers only. Class IV-V rapids. The river is "random"—every trip is a new adventure.

[RAFTING GUIDE →](#)

LODGING & HOME BASE



Adventures on the Gorge (AOTG)

The ultimate basecamp. Cabins and camping right on the rim with pool access and great dining.

[OUR AOTG REVIEW →](#)

PRO TIPS & LOGISTICS

- **Offline Maps:** Download Fayette County; service is nonexistent in the gorge.
- **Bridge Walk:** Book the catwalk tour under the bridge in advance.
- **Parking:** Long Point fills up by 9:00 AM. Plan for early starts.
- **Timing:** 3-4 days is ideal for a full park immersion experience.

THE GEAR AUDIT

Check out the gear we actually use on the trail. These links help support our park research at no extra cost to you.

 **Teton Oasis Hydration Pack**

 **Camelbak Mini M.U.L.E (Kids)**

 **Trekking Poles**

 **Navigational Compass**

 **Rescue Rope**

 **Salty Snacks**

 **Power Bank**

 **Merrell Moab II Hiking Shoes**

 **Pro First Aid Kit**

 **Tactical Flashlight**

 **Swiss Army Tinker (14 Function)**

 **Water Shoes (Rafting)**

 **2L Water per person**

 **Moisture-wicking Layers**

SAFETY PROTOCOL: TIPS TO NOT DIE

- **No Railings:** Cliff overlooks like Long Point have zero protection. Keep your brood within arm's reach.
- **River Power:** The New is deceptive with powerful undercurrents. Never enter the water without a PFD.
- **Bear Safety:** This is Black Bear territory. Use bear-proof storage and never leave food in the open.
- **Weather:** Storms can cause flash flooding in the gorge. Check river levels before heading out.

[JOIN THE BROOD](#)

Expert national park guides for adventurous families.

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